



Eden at Home™



Caring for elders who live at home

This meaningful workshop focuses on changing perceptions of elders at home and in the community. Applying Eden at Home™ concepts and The Ten Principles of The Eden Alternative®, will broaden awareness and provide tools on improving quality of life for elders living at home and their care partners by minimizing the three plagues of **loneliness**, **helplessness**, and **boredom**.

The workshop consists of two four hour sessions. A follow-up talk story meeting to discuss how these concepts have helped you will be held. Please plan to commit to the two meetings to benefit the most from the experience.

A nominal \$10.00 registration fee will be assessed.

Date:	May 2nd & May 9th (Thursdays) Commitment to both sessions must be made.
Where:	Kailua United Methodist Church 1110 Kailua Road, Kailua Sato Cottage
Time:	9:00 a.m. to 1:00 p.m. (Refreshments will be served)

Workshop is limited to 24 participants. Make checks payable to Project Dana, 902 University Avenue, Honolulu, HI 96826. Please note the place and date of your training on your check.

For further information or to register, call Sue Pignataro at 263-0136, sue.pignataro@gmail.com, or Liz Nelson 239-7849.

Trainings are conducted by Eden certified trainers of Project Dana who received an Eden Champion Award at the 5th International Eden Alternative Conference in Denver, Colorado in June 2010.



Training funds provided by a grant from the Na Lei Aloha Foundation